



PRESS RELEASE

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ACUTE KIDNEY INJURY LINKED TO POOR PATIENT OUTCOMES AFTER HOSPITAL DISCHARGE

Highlights

- Among hospitalized patients, a diagnosis of acute kidney injury was linked to worse patient outcomes after hospital discharge.
- Results from the study will be presented online at ASN Kidney Week 2021 November 4–November 7.

San Diego (November 4, 2021) — A recent analysis indicates that a hospital admission with an acute kidney injury (AKI) diagnosis is a risk factor for multiple adverse patient outcomes after hospital discharge. The findings will be presented online at ASN Kidney Week 2021 November 4–November 7.

In the study of a broad and diverse group of hospitalized patients (including 594,509 with AKI and 594,509 without), those hospitalized with AKI faced higher risks of sepsis, heart failure, recurrent AKI, pneumonia, cerebrovascular accident, and heart attack within 90 days and/or 1 year after discharge.

“These findings highlight the need for early interventions to mitigate the significant morbidity and mortality burden associated with an AKI event in patients,” said lead author Ivonne H. Schulman, MD, of the National Institutes of Health. “While the best post-AKI clinical management regimen is yet to be determined, these results underscore the immediate need for close post-hospitalization monitoring of individuals with AKI.”

Study: “Readmission and Mortality After Acute Kidney Injury Hospitalization”

ASN Kidney Week 2021, the largest nephrology meeting of its kind, will provide a forum for nephrologists and other kidney health professionals to discuss the latest findings in

research and engage in educational sessions related to advances in the care of patients with kidney diseases and related disorders.

Since 1966, ASN has been creating a world without kidney diseases by educating and informing, driving breakthroughs and innovation, and advocating for policies that create transformative changes in kidney medicine throughout the world. ASN has more than 21,000 members representing 131 countries. For more information, visit www.asn-online.org.

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